Chapter 10 Method of Virtual Work

10.1 Introduction

equations of equilibrium

$$\Sigma F_x = 0$$
 $\Sigma F_y = 0$ $\Sigma M = 0$ etc.

a different method is now proposed, more effective for solving certain types of equilibrium problems, it is called method of virtual work

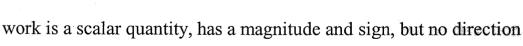
consider a particle or a rigid body, if it is given an arbitrary displacement from the position of equilibrium, the total work done of the external forces during the displacement is zero

method of virtual work may extend to the concept of potential energy

10.2 Work of a Force

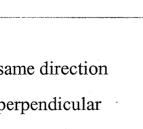
consider a particle which moves from A to A' dr is called the displacement of the particle F is the force acting on the particle the work of the force F corresponding to the displacement dr is defined as

$$dU = \mathbf{F} \cdot d\mathbf{r} = F ds \cos \alpha$$
where $|d\mathbf{r}| = ds$ $|\mathbf{F}| = F$



the unit of work is: N-m = J (joule)

$$F ds$$
 $(a = 0^{\circ})$ same direction $dU = F ds \cos a = |0|$ $(a = 90^{\circ})$ perpendicular $-F ds$ $(a = 180^{\circ})$ opposite direction



force acting on a fixed point (reactions at frictionless pin), it is no work done

forces acting in the direction perpendicular to displacement, it is no work done

[if the roller has friction with surface, then the friction force has work done]

the sum of work done by internal forces is zero

 \boldsymbol{F} is the force acting on AC exerted by BC, - \boldsymbol{F} is the force acting on BC exerted by AC

F and F has same magnitude but opposite direction, thus the total work of two internal forces at C cancels out

work done of force due to an inextensible cord AB

work at A : T dS

(same direction)

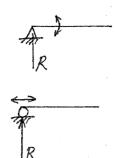
work at B : -T dS

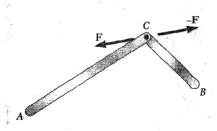
(opposite direction)

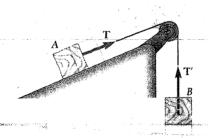
thus the work of the internal forces again cancels out

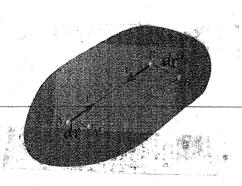
work done due to internal force in a rigid body consider points A and B are two particles of a rigid body, F and F are the internal forces holding together the particles

dr and dr' might different, but the components along AB must be equal, thus the sum of the work done is zero









consider two forces F and F forming a couple M acting on a rigid body

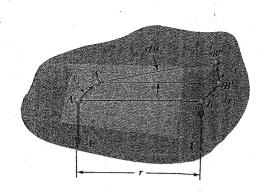
displacement at A is dr_1 displacement at B is $dr' = dr_1 + dr_2$ total work done is

$$dU = -F \cdot dr_1 + F \cdot dr'$$

$$= -F \cdot dr_1 + F \cdot dr_1 + F \cdot dr_2$$

$$= F dS_2 = F r d\theta$$

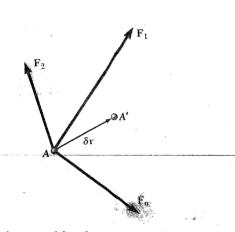
$$dU = M d\theta$$



10.3 Principle of Virtual Work

consider a particle A with force acted, let it has a displacement δr , and the particle moves form A to A'

this displacement is possible, but not necessarily take place, the forces may be balanced and the particle at rest



the displacement considered is therefore an imaginary displacement, is called virtual displacement, the work done of each force during the virtual displacement is called virtual work

$$\delta U = \mathbf{F}_1 \cdot \delta \mathbf{r} + \mathbf{F}_2 \cdot \delta \mathbf{r} + \mathbf{F}_3 \cdot \delta \mathbf{r} + \cdots$$

$$= (\mathbf{F}_1 + \mathbf{F}_2 + \mathbf{F}_3 + \cdots) \cdot \delta \mathbf{r}$$

$$= \mathbf{R} \cdot \delta \mathbf{r}$$

principle of virtual work for a particle:

if a particle is in equilibrium, the total virtual work of the forces acting on the particle is zero for any virtual displacement of the particle [in this case, R must be zero, then $\delta U = 0$]

principle of virtual work of a rigid body:

if a rigid body is in equilibrium, the total virtual δU due to the external forces acting on the rigid body is zero for any δr [since total δU due to internal forces are zero]

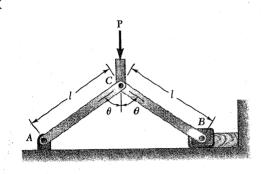
for connected rigid body, only the work due to external forces of the system need be considered

10.4 Application of the Principle of Virtual Work

consider the toggle vise ABC

choosing a system of coordinate axes with origin at A

expressing the virtual displacement in terms of $\delta \theta$



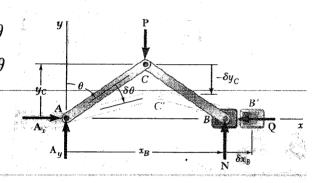
$$y_{C} = l \cos \theta \qquad \delta y_{C} = -l \sin \theta \, \delta \theta$$

$$x_{B} = 2l \sin \theta \qquad \delta x_{B} = 2l \cos \theta \, \delta \theta$$

$$\delta U = \delta U_{P} + \delta U_{Q}$$

$$= -P \, \delta y_{C} - Q \, \delta x_{B}$$

$$= P \, l \sin \theta \, \delta \theta - Q \, 2l \cos \theta \, \delta \theta$$

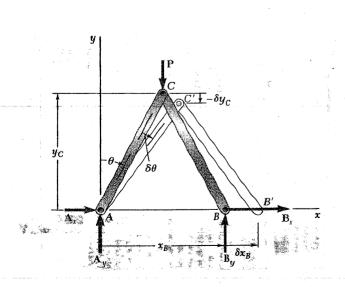


for equilibrium $\delta U = 0$

$$2 Q l \cos \theta \delta \theta = P l \sin \theta \delta \theta$$
$$Q = \frac{1}{2} P \tan \theta$$

for a frame ACB, assume A fixed and B has a virtual displacement $\delta x_{\rm B}$, the it is obtained

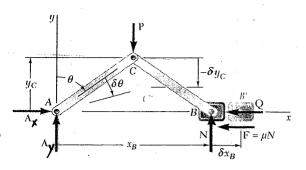
$$B_{\rm x} = -\frac{1}{2} P \tan \theta$$



10.5 Real Machines, Mechanical Efficiency

consider the toggle vise ACB

input work done $P \delta y_{\rm C} = P l \sin \theta \delta \theta$ output work done $Q \delta x_{\rm B} = 2 Q l \cos \theta \delta \theta$



if $U_i = U_o$, the machine is said to be ideal, but in real machine, friction force will always do some work, thus $U_o < U_i$

$$N = P/2 F = \mu P/2$$

$$\delta U = -\mathbf{Q} \, \delta x_{\rm B} - \mathbf{P} \, \delta y_{\rm C} - F \, \delta x_{\rm B}$$

$$= -2 \, \mathbf{Q} \, l \cos \theta \, \delta \theta + P \, l \sin \theta \, \delta \theta - \mu \, P \, l \cos \theta \, \delta \theta$$

for
$$\delta U = 0$$

$$Q = \frac{1}{2} P (\tan \theta - \mu)$$

when $\tan \theta = \mu \implies Q = 0$

[what happen when $\tan \theta < \mu$, Q < 0?, NO, in this case, $F < \mu N$] the mechanical efficiency η is defined

$$\eta = \frac{\text{output work}}{\text{input work}}$$

 $\eta = 1$ for ideal machine, in general $\eta < 1$

Sample Problem 10.1

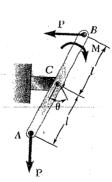
determine M required to maintain equilibrium

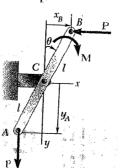
$$x_{\rm B} = l \sin \theta$$
 $\delta x_{\rm B} = l \cos \theta \, \delta \theta$
 $y_{\rm A} = l \cos \theta$ $\delta y_{\rm A} = -l \sin \theta \, \delta \theta$

$$\delta U = 0 \qquad M\delta\theta - P\delta x_{\rm B} + P\delta y_{\rm A} = 0$$

$$M\delta\theta - Pl\cos\theta\delta\theta + P(-l\sin\theta\delta\theta) = 0$$

$$M = Pl(\sin\theta + \cos\theta)$$





Sample Problem 10.2

determine θ and the spring force for equilibrium

spring constant =
$$k$$
, $F = 0$ for $y_C = h$

$$v_{\rm R} = l \sin \theta$$

$$y_{\rm B} = l \sin \theta$$
 $\delta y_{\rm B} = l \cos \theta \, \delta \theta$

$$y_{\rm C} = 2 l \sin \theta$$

$$y_{\rm C} = 2 l \sin \theta$$
 $\delta y_{\rm C} = 2 l \cos \theta \delta \theta$

$$s = y_C - h = 2 l \sin \theta - h$$

$$F = k s = k (2 l \sin \theta - h)$$

$$\delta U = 0$$
 $P \, \delta y_{\rm B} - F \, \delta y_{\rm C} = 0$

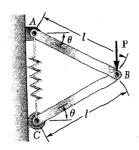
$$P(l\cos\theta\,\delta\theta) = [k(2\,l\sin\theta - h)]$$

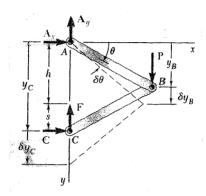
 $(2 l \cos \theta \delta \theta)$

$$\sin\theta = \frac{P + 2kh}{4kI}$$

and

$$F = k (2 l - \frac{P + 2 k h}{4 k l} - h) = \frac{P}{2}$$





Sample Problem 10.3

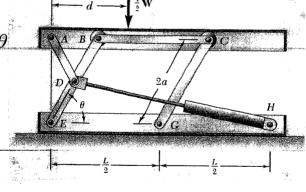
determine $F_{\rm DH}$ of the hydraulic-lift

$$y = 2 a \sin \theta$$
 $\delta y = 2 a \cos \theta \delta \theta$

$$s^2 = a^2 + L^2 - 2aL\cos\theta$$

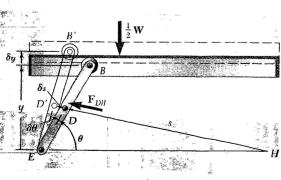
$$2 s \delta s = -2 a L (-\sin \theta) \delta \theta$$

$$\delta s = \frac{a L \sin \theta}{s} \delta \theta$$



$$\delta U = 0 - \frac{1}{2} W \delta y + F_{DH} \delta s = 0$$
$$- \frac{1}{2} W (2 a \cos \theta \delta \theta)$$
$$+ F_{DH} \frac{a L \sin \theta}{s} \delta \theta = 0$$

$$F_{\rm DH} = W \frac{s}{L} \cot \theta$$



for
$$\theta = 60^{\circ}$$
 $a = 0.7 \text{ m}$ $L = 3.2 \text{ m}$
 $s = 2.91 \text{ m}$ $W = 9.81 \text{ kN}$
 $F_{DH} = 5.15 \text{ kN}$

10.6 Work of a Force Due a Finite Displacement

consider a force F acting on a particle

$$dU = \mathbf{F} \cdot d\mathbf{r}$$

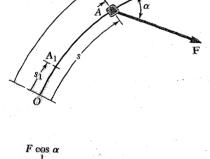
the work of F due to a finite displacement of the particle form A_1 to A_2 is

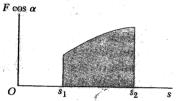
$$U_{1\to 2} = \int_{A_1}^{A_2} \mathbf{F} \cdot d\mathbf{r}$$

also $dU = F dS \cos a$

 α may vary

$$U_{1\to 2} = \int_{S_1}^{S_2} F \, dS \cos a$$





if F and dr in the same direction, then $\alpha = 0$ and $\cos \alpha = 1$

i.e.
$$U_{1\to 2} = F(S_2 - S_1)$$

if the work is done by moment

$$dU = M d\theta$$

$$U_{1\rightarrow 2} = \int_{\theta_1}^{\theta_2} M \, d\theta$$

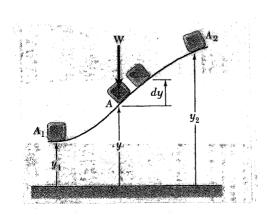
if
$$M = \text{constant}$$
, then $U_{1\rightarrow 2} = M(\theta_2 - \theta_1)$

work of weight

$$dU = -W dy$$

$$U_{1\to 2} = -\int_{y_1}^{y_2} W dy$$

$$= -W(y_2 - y_1) = -W \triangle y$$



work of force exerted by a spring

$$F = kx$$

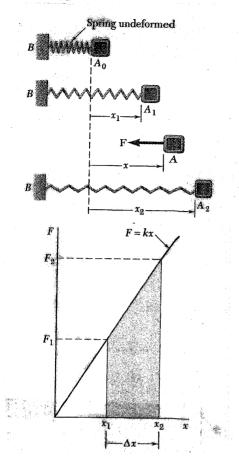
k: spring constant

$$dU = -F dx$$

$$U_{1\to 2} = -\int_{x_1}^{x_2} F \, dx = -\int_{x_1}^{x_2} k \, x \, dx$$
$$= \frac{1}{2} k \, x_1^2 - \frac{1}{2} k \, x_2^2$$

 $U_{1\rightarrow 2}$ is positive when $x_2 < x_1$, i.e. spring is running back to its undeformed position

$$U_{1\to 2} = -\int_{x_1}^{x_2} F \, dx = -\frac{1}{2} (F_1 + F_2) \, \Delta x$$



10.7 Potential Energy

work done by weight = $Wy_1 - Wy_2$

define $V_{\rm g}$: the potential energy with respect to

force of gravity W

$$V_{g} = Wy$$

then

$$U_{1\to 2} = (V_g)_1 - (V_g)_2$$

work done due to spring force = $\frac{1}{2} k x_1^2 - \frac{1}{2} k x_2^2$

define V_e : the potential energy due to spring force

$$V_{\rm e} = \frac{1}{2} k x^2$$

then

$$U_{1\to 2} = (V_{\rm e})_1 - (V_{\rm e})_2$$

the concept of potential energy may be used when forces other than gravity force and spring force

if it is possible to find a function V, called potential energy, such that

$$dU = -dV$$

integrating over a finite displacement, then

$$U_{1\rightarrow 2} = V_1 - V_2$$

a force which satisfied the above equation is said to be conservative force

10.8 Potential Energy and Equilibrium

for a virtual displacement $\delta\theta$

$$\delta U = -\delta V$$
 is a function of $\delta \theta$

if the position of the system is defined by a single independent variable θ , we may write

$$\delta U = (\partial V / \partial \theta) \, \delta \theta$$

 $\delta\theta$ must be different from zero thus the equilibrium condition is

$$\delta U = 0 \implies \partial V / \partial \theta = 0$$

consider the example

DA: length of undeformed spring

$$V_{\rm e} = \frac{1}{2} k \, {\rm x_B}^2$$

$$V_{\rm g} = W y_{\rm C}$$

$$x_{\rm B} = 2 l \sin \theta$$
 $V_{\rm e} = \frac{1}{2} k (2 l \sin \theta)^2$

$$y_{\rm C} = l \cos \theta$$
 $V_{\rm g} = W l \cos \theta$

$$V = V_{\rm e} + V_{\rm g} = 2 k l^2 \sin^2 \theta + W l \cos \theta$$

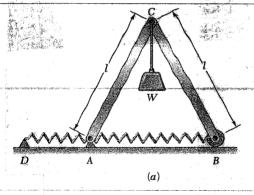
$$dV/d\theta = 4 k l^2 \sin \theta \cos \theta - W l \sin \theta = 0$$

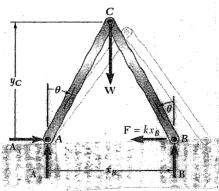
i.e.
$$\sin \theta = 0$$
 or $4 k l \cos \theta = W$

and
$$\theta = \cos^{-1}(W/4kI)$$

 $\theta = 0$

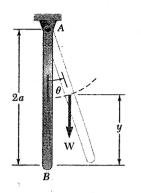
and $\theta = \cos^{-1}(W/4kl)$ this position does not exist if W > 4kl



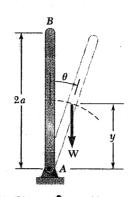


10.9 Stability of Equilibrium

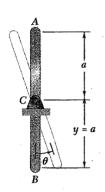
consider the three uniform rods of length 2a and weight W



(a) Stable equilibrium



(b) Unstable equilibrium

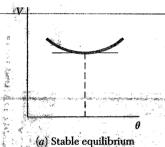


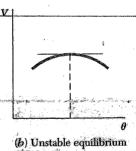
(c) Neutral equilibrium

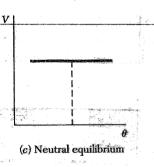
$$V = W v$$

at the equilibrium position $\theta = 0$

- (a): V = minimum
- (b): V = maximum
- (c): V = constant







$$dV/d\theta = 0$$

 $dV/d\theta = 0$ for equilibrium

$$d^2V/d\theta^2>0$$

i.e.
$$V = V_{\min}$$

$$d^2V/d\theta^2 < 0$$
 i.e. $V = V_{\text{max}}$

i.e.
$$V = V_{\text{max}}$$

$$\frac{d^2V}{d\theta^2} = \frac{d^3V}{d\theta^3} = \cdots = 0$$

i.e.
$$V = constant$$

neutral equilibrium

if the system considered possesses several degree of freedom, say V = $V(\theta_1, \theta_2)$, it will be minimum if the following relations are satisfied simultaneously

$$\frac{\partial V}{\partial \theta_1} = \frac{\partial V}{\partial \theta_2} = 0$$

$$\left(\frac{\partial^2 V}{\partial \theta_1} \frac{\partial^2 V}{\partial \theta_2}\right)^2 - \frac{\partial^2 V}{\partial \theta_1^2} \frac{\partial^2 V}{\partial \theta_2^2} \ll 0$$

$$\frac{\partial^2 V}{\partial \theta_1^2} > 0 \quad \text{or} \quad \frac{\partial^2 V}{\partial \theta_2^2} > 0$$

Sample Problem 10.4

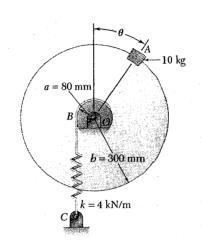
the spring is unstretched when $\theta = 0^{\circ}$ determine the positions of equilibrium

$$V_{e} = \frac{1}{2} k s^{2} = \frac{1}{2} k (a \theta)^{2}$$

$$V_{g} = W y = mg b \cos \theta$$

$$V = V_{e} + V_{g}$$

$$= \frac{1}{2} k a^{2} \theta^{2} + mg b \cos \theta$$

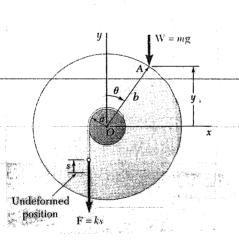


for equilibrium $dV/d\theta = 0$

$$k a^{2} \theta - mg b \sin \theta = 0$$

$$\sin \theta = \frac{k a^{2}}{mg b} \theta = \frac{4 \times 0.08^{2}}{10 \times 9.81 \times 0.3} \theta$$

$$\sin \theta = 0.8699 \theta$$
 $\theta = 0^{\circ}$ or $\theta = 0.902 \text{ rad} = 51.7^{\circ}$



stability for equilibrium

$$d^{2}V/d\theta^{2} = k a^{2} - mg b \cos \theta$$

$$= 4 \times 0.08^{2} - 10 \times 9.81 \times 0.3 \cos \theta$$

$$= 25.6 - 29.43 \cos \theta$$
for $\theta = 0^{\circ}$ $d^{2}V/d\theta^{2} = -3.83 < 0$ unstable
for $\theta = 51.7^{\circ}$ $d^{2}V/d\theta^{2} = 7.36 > 0$ stable